
Upcoming Parentsactive Sessions, Updates and News



Newsletter from Parentsactive

www.parentsactive.org.uk

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We'll Be Off for the Summer, but See You in the Autumn Term.....

It has certainly been feeling like summer with the heatwave we have been having, and we hope you and your families are keeping well and staying as cool as possible. With an amber heat-health alert issued this week, we have included some NHS advice on keeping cool in hot weather, which may be especially important for vulnerable children and adults, including those with SEND. [Read it Here.](#)

We have reached the end of the summer term, so it is goodbye from us here at parent carer forum, but only temporarily! We will be back in the autumn term with our regular events, sessions and a few new things to look forward to. Some Post-19 sessions and a Support Hub session will still be taking place over the summer, and we will share the details soon.

We also want to say how truly grateful we have been for all your engagement and involvement over the past year. The feedback you shared through the end-of-year survey has been incredibly helpful and will shape the sessions we run, as well as how we run them. Your input is always appreciated, so thank you!

For many of you, this academic year has been a period of uncertainty, particularly with the SEND reforms announced this year. Guidance is still being published on how these changes may be implemented and what they could look like in practice, but there are still some major questions remaining. We will continue to make sure parents are kept informed and that their voices are represented as the reforms develop. We will also have more engagement sessions around the reforms in the autumn term, so please stay tuned for those.

In the meantime, we still have a few remaining sessions in our schedule, including our final Walk and Talk before the summer break. Parentsactive will also be out and about in the community at some of the events featured in this newsletter, including Provider Services Sports Day, LBHF CommUNITY Day and the NHS Carers Conference, so if you do come along, please do say hello 😊

[Parentsactive Full Summer Schedule](#)

We wish you all a wonderful summer break and will see you soon!

Next Session:

Join us for the last Walk and Talk of the summer term, next Monday at Ravenscourt Park.

These sessions are a great opportunity to meet other parents on the SEND journey, connect and take some time for your wellbeing. Everyone is welcome including those with buggies.

Session details:

 Monday 13th July

 9:30am

 Ravenscourt Park – Paddenswick Tea Gardens



Upcoming Session:

Support Hub-1 to1 Drop-in/ Booked Appointments

There will be Support Hub session on **Thursday 16 July, with drop-in, 1 to 1 session for parents arriving before 10:30am**, for the first hour between 10am and 11am.

There are also **a limited number of pre-booked appointments** available during the second hour, from **11am to 12pm**.

If you would like to book an appointment in advance, please email **Shaana Stewart, Parent Carer Advisor** at advocacy@parentsactive.org.uk by **12 pm on Wednesday 15 July**. Shaana will then confirm your appointment time.

Support Hub sessions offer parents and carers the opportunity to receive confidential one-to-one advice, support and guidance on issues they may be facing including:

- * Education (e.g. SEN support, reasonable adjustments, EHCPs)
- * Housing
- * Health and social care
- * Any other areas you wish to explore

To ensure you are seen during the drop-in, it is important that you arrive by 10.30 am the latest.

Session Details:

 Thursday 16 July

 10am–11am: Support Hub

drop-in (latest arrival to be seen 10.30AM)

11am–12pm: booked appointments only (E-mail: advocacy@parentsactive.org.uk to book)

 Earls Court Community Hub

Summer Opportunity for Young Carers in Hammersmith and Fulham

Young H&F have been collaborating with [CREATE](#) on a project for young carers in Hammersmith and Fulham. CREATE will be delivering a series of creative workshops in the school holidays led by professional artists during the school holidays, including subjects like drama, dance, music, poetry and more and the young carers will get to have a say on the art form delivered. The workshops are completely free, lunch will be provided and they are an opportunity for the participants to explore their creativity and develop new skills. *Please see attached leaflet for more information ([here](#))*

To take part, children/young people will need to be **registered with H&F Young Carers team**. If you know a young carer who may be interested (i.e. siblings), please **contact Hannah Smale**, who can guide you through the referral process.

Contact info: hannah@younghandf.org.uk

More info on CREATE [click here](#)

Hammersmith & Fulham CommUNITY Day

Hammersmith & Fulham Council's CommUNITY Day is an annual celebration of the borough's many different communities and residents. The event returns to Ravenscourt Park on Saturday 18th July for a fun-filled, family-friendly day out, with food, information stalls, arts and crafts, live music, children's entertainment, funfair rides and much more.

The day will begin with a dedicated SEND quiet hour from 11am to 12pm, with less noise and smaller crowds. SEND-friendly activities will continue throughout the day in the Ravenscourt Park Glasshouses, offering a calmer space away from the busier areas of the event. Summer in the City will also launch on the day, so families can find out more about the activities and support available over the summer.



Saturday 18th July

SEND quiet hour: 11am–12pm. General event: 12pm–6pm.

Ravenscourt Park, Paddenswick Road, London W6 0UA

For more information: [Click Here](#)



Provider Services Sports Day

Hammersmith & Fulham Adult Social Care have organised a Provider Services Sports Day. This is an inclusive, community-focused event designed to promote wellbeing and bring people together. There will be a range of accessible sports and activities to get involved in, as well as opportunities to connect with other local services and families.

Tuesday 14 July 2026

11 am – 2 pm

[Ravenscourt Park \(South Playground area\) by the Tennis Courts](#)

Jack Tizard Summer Play Scheme is back for 2026

Jack Tizard will be hosting a free two-week Summer Scheme for children and young people with disabilities aged up to 25 years. Siblings, family members, and carers are also warmly invited to take part in the fun.

The Summer Play Scheme is full of exciting, high-quality, accessible and interactive activities for families to join, including:

- Ranger Stu
- Ark Animals
- African drumming
- Sensory Story Sessions
- Bubble Shows
- Science
- And much more! [Click here to view the full Summer Scheme Poster](#)

Community swimming sessions will also be taking place throughout the programme.

Dates

 July 2026 (weekdays only)

Booking Information

Please find attached the booking forms for both the land-based activities and swimming sessions. Places are limited so make sure to complete and return your forms as soon as possible.

[Booking for Swimming](#)

[Booking for Land Activities](#)

Contact

If you have any questions, please **contact** pool@jacktizard.lbhf.sch.uk or call the **Pool Team** on 020 8735 3597.

Please note:

- Separate forms are needed for land activities and swimming.
- Parents/carers must stay with their child throughout and support them in the water for swimming.
- You can book multiple land activities, but swimming is limited to two sessions per participant.
- Waiting lists will be used for fully booked sessions.
- Activities are arranged by SEND age group.

Supporting Future Activities

Summer Scheme activities are free, but voluntary donations are welcome and will help Friends of Jack Tizard continue providing opportunities for children and young people.

LBHF's *Summer in the City* is Back for 2026

Hammersmith and Fulham are back with the popular Summer Holiday programme, full of free activities and plenty of fun to enjoy. Children and young people can join a wide range of daily programmes, which include a free meal, from various providers. These include SEND-specific providers, such as LMP Action, Let's Unite for Autism Limited, H&F Mencap and Action on Disability. All activities aim to be inclusive, and providers can adapt to meet additional needs if their risk assessment allows. Therefore, it is recommended that parents contact individual providers for more information.

Dates: Activities will run from **Tuesday 21st July to Tuesday 1st September**. Dates may vary. Each organiser will share full event details and booking information, so you can secure a place for your child/young person.

For more information visit: [Holiday Activities and Food Programme | London Borough of Hammersmith & Fulham](#)

Book Here: [Programme Calendar](#)



DanceWest Summer Holiday Club

DanceWest will be running their **free Summer Fit & Fed Programme** for children aged **7–12 years** living in **Hammersmith & Fulham** who are **in receipt of Universal Credit**.

The programme is designed to help children stay active over the summer holidays while having fun through dance and movement, making new friends, building confidence, and enjoying healthy meals and snacks in a welcoming and supportive environment.

A **packed lunch and snacks** will be provided each day, with **dietary requirements fully supported**.

DanceWest's programmes are **free, inclusive, accessible and open to all children, regardless of ability**.

For more information about dates and times, please see the poster or visit [DanceWest Website](#).

📍 [Sands End Arts and Community Centre, South Park, London SW6 3EZ](#)

NHS Trust Carers Conference

West London NHS Trust will be holding a Carers Conference on **Wednesday 29 July, from 1pm to 4pm**. This event is for all carers based in the boroughs of Hammersmith and Fulham, Ealing and Hounslow. Various organisations, charities and CICs that support carers will be in attendance, including Parentsactive. Come along to find out what support is available for carers in West London and to meet other organisations working with families.

 Wednesday 29 July

 1pm–4pm

 [Irish Cultural Centre, Hammersmith, W6 9DT](#)



CareScribe: Free Online panel discussion on ‘Supporting Neurodivergent Young Persons as they move into Adulthood’.

CareScribe are co-hosting a free online panel discussion on ‘Supporting neurodivergent young person as they move into adulthood’. Transition into adulthood is a topic that brings a lot of uncertainty for parents and carers, whether that's navigating changing support, encouraging independence, or simply understanding what adult life might look like beyond 18. The panel will bring together both professional expertise and lived experience, with plenty of opportunity for attendees to ask questions too.

CareScribe run free educational events for parents, educators and professionals to help make neurodiversity and disability better understood and better supported.

You can find all the details on the website here: [CareScribeEVENTS](#)

 **29th July 2026**

 2pm -3.30pm

 Online: For more information or to register click here (<https://carescribe.io/events/navigating-the-transition-to-adulthood/>)

Autism Central- Free Webinars and Resources for Families

Autism Central is England's national peer education programme for families and support networks of autistic people of all ages commissioned by **NHS England**.

They provide **free**:

- One-to-one peer support and coaching
- Online group learning sessions
- Resources, videos, podcasts, and articles about autism
- Guidance for parents, carers, siblings, partners, and other supporters of autistic people.

The programme aims to help families better understand autism, build confidence, access support, and advocate for autistic people.

Upcoming Webinars:

Masterclass series: Understanding autism across the lifespan with **Dr Ruth Moyse (Afternoon)**

 **Monday 13th July 5-6pm**, '[What is Autism?](#)'

 **Monday 20th July 5-6pm**, '[Neurodiversity framework- superpower, disorder or difference?](#)'

 **Monday 27th July 5-6pm**, '[Identity and Strengths](#)',

 **Friday 17th July 12-1pm**, '[Understanding autistic young people's experiences of mainstream primary schools with Jo Billington](#)'

View the Full July Programme [Here](#)

List of Dental Practices

Please find the list of dental practices currently accepting new NHS patients.

[Please click here to view the list of General Dental Practices who are currently accepting new NHS patients.](#)

<https://parentsactive.org.uk/wp-content/uploads/2026/07/July-2026-GDP-list.docx>

There are **45** NHS dental practices across the three boroughs:

(LBHF) – **16 practices**, (RBKC) - **10 practices**, Westminster City Council (WCC) - **19 practices**. The list has been updated and now includes information regarding disabled access and whether the practice accepts patients with mild learning disabilities.

This list is based on contacts made in late-June and was correct at that time. There may have been some changes since this list was put together. Please remember, General Dental Practices do not have catchment area. Service users can choose to go to NHS dentist outside their local area too.

Dental practices are often busy, and they have asked us to kindly remind you the importance of attending appointments or cancelling them in advance if necessary.